

olive oil  $\frac{3}{4}$  vii to  $\frac{3}{4}$  x, given very, very slowly by catheter and funnel. The patient should be asked to retain it as long as possible; a pad to the rectum will greatly assist her in doing this. By this means the faeces are perfectly softened before being passed, and the danger of the stitches and repairs being broken down or injured by the passage of scybala is thus avoided.

Every time the bowels move or urine is passed the nurse must scrub up and make herself sterile, and the parts must be syringed thoroughly, dried, and dusted with boracic or iodoform powder, and redressed with sterile gauze and sterile pad. The dressing must be kept in position by T bandage.

Patient's back should be kept clean with soap and water, a lather being made with both hands by rubbing soap between the palms of hands. This should be rubbed and massaged in till all the lather has disappeared and back is left quite dry. Sheet should be drawn. This treatment should go on for about fourteen days, until the stitches are ready to come out and the wound quite healed.

The diet should be very light, easily digested, and highly nourishing.

#### HONOURABLE MENTION.

The following competitors receive honourable mention:—Mrs. E. E. Farthing, Miss C. Cozens, Miss M. T. Foster, Miss L. Simms, and Miss P. Macfarlane. We are pleased to welcome so many new competitors.

Mrs. E. E. Farthing writes:—

The conditions likely to cause rupture of the perineum are:—(1) Injuries, caused by want of skill, in delivering the head and shoulders. To avoid this, keep the head well flexed, prevent extension until the lowest point of the occiput lies under the symphysis pubis, as the nearer this part of the occiput is to the neck, the smaller will be the diameter of the head that stretches the perineum. In delivering the shoulders care is needed, especially if a big child; as they come down, press upon the fundus, and lift the child gently towards the mother's abdomen, thus allowing the posterior shoulder to sweep over the perineum; depress the body again slightly, in order to bring the anterior shoulder from beneath the symphysis pubis; after this, the child will quickly follow.

#### QUESTION FOR NEXT WEEK.

State method and precautions in giving (a) continuous saline enema; (b) nutritive enema; (c) high enema.

## FRENCH FLAG NURSING CORPS.

Miss Elizabeth Nisbet, cert. Mill Road Infirmary, and Miss Lilian Grier-Graham, cert. Brompton and Middlesex Hospitals, leave for France on Friday, 29th inst.

Mrs. Fenwick will be at 431, Oxford Street, London, W., from 3 to 5 p.m. on Friday, 29th, and will be pleased to see members of the Corps and others who wish for interviews.

The Committee of the F.F.N.C. have to thank M. Lugon (of the Hotel de France, Chambéry, Savoy), for inviting, not only Sister Sutton but Sister O'Leary and Sister Roberts to be his guests, and to spend their well-earned holidays at this charming health resort in Savoy. The Sisters have been delighted with the hospitality extended to them.

Sister Dykes writes from Besançon that, since her holidays, she has been nursing nephritis and typhoid cases; and that she has a most kind friend in a "French Mademoiselle," whose family makes "me welcome whenever I have time off, which makes a delightful change."

Sister Lind, who has been so long off duty ill, has received nothing but the greatest kindness from the Medecin Chef and everyone at the hospital at Grasse. Sister Hitchcock has been in charge of the invalid, who is soon to return to England—we hope, by transport—and they will then sail away to their home in New Zealand. Both Sisters have done splendid work for the Corps—and will be an immense loss to it—and to the Registered Nurses' Society, to which they belong.

The Péniche Hospitals will soon now cease to convey patients by water. Sister Gill reports she has received a parcel of records she required for her gramophone on the barge; they give very great pleasure.

Sisters Bright-Robinson and Coppin have been recommended for the *Médaille Épidémique*, for their good work at Malo les Bains. We hope they will soon receive this honourable reward for nursing contagious diseases—work the Red Cross Nurses object to.

The Hon. Secretary of the Liverpool Women's War Service Bureau appeals to all holiday-makers to keep their holiday books and magazines, and when they have finished with them to dispatch them to the Liverpool Women's War Service Bureau, 1, Gambier Terrace, Liverpool.

A splendid consignment of hospital stores and comforts has been received by Sister Roberts at Toul, from the Liverpool Women's War Service Bureau, which has given most generously to the French wounded through the Corps.

[previous page](#)

[next page](#)